

Travel Information

Finding the Health Centre From Ruislip Road, walk down Broadmead Road and left into Brick Lane and the Centre is at the end, on your left. There is no access from Invicta Grove to the Centre.

Buses

Grand Union Village is close to frequent bus routes. See the map for bus stop locations.

Calling at Broadmead Road and Ruislip Road bus stops:

- **E6** Greenford Station - Grand Union Village - Bull's Bridge. Every 8-10 minutes during the day, every 12-13 minutes in the evening.

Calling at Ruislip Road bus stops:

- **E7** Ealing Broadway - Grand Union Village - Ruislip. Every 9-13 minutes during the day, every 20-30 minutes in the evening.
- **E9** Ealing Broadway - Grand Union Village - Welbeck Avenue. Every 10-13 minutes during the day, every 20 minutes in the evening.
- **120** Hounslow - Grand Union Village - Northolt. Every 7-11 minutes during the day, every 15 minutes in the evening.
- **282** Ealing Hospital - Grand Union Village - Mount Vernon Hospital. Every 10-13 minutes during the day, every 15 minutes in the evening.

Buses serving the Village automatically announce each bus stop so you always know where to get off. All buses are accessible and equipped with ramps for wheelchair users.

For up-to-date bus information, call Transport for London on 0843 222 1234 or visit www.tfl.gov.uk

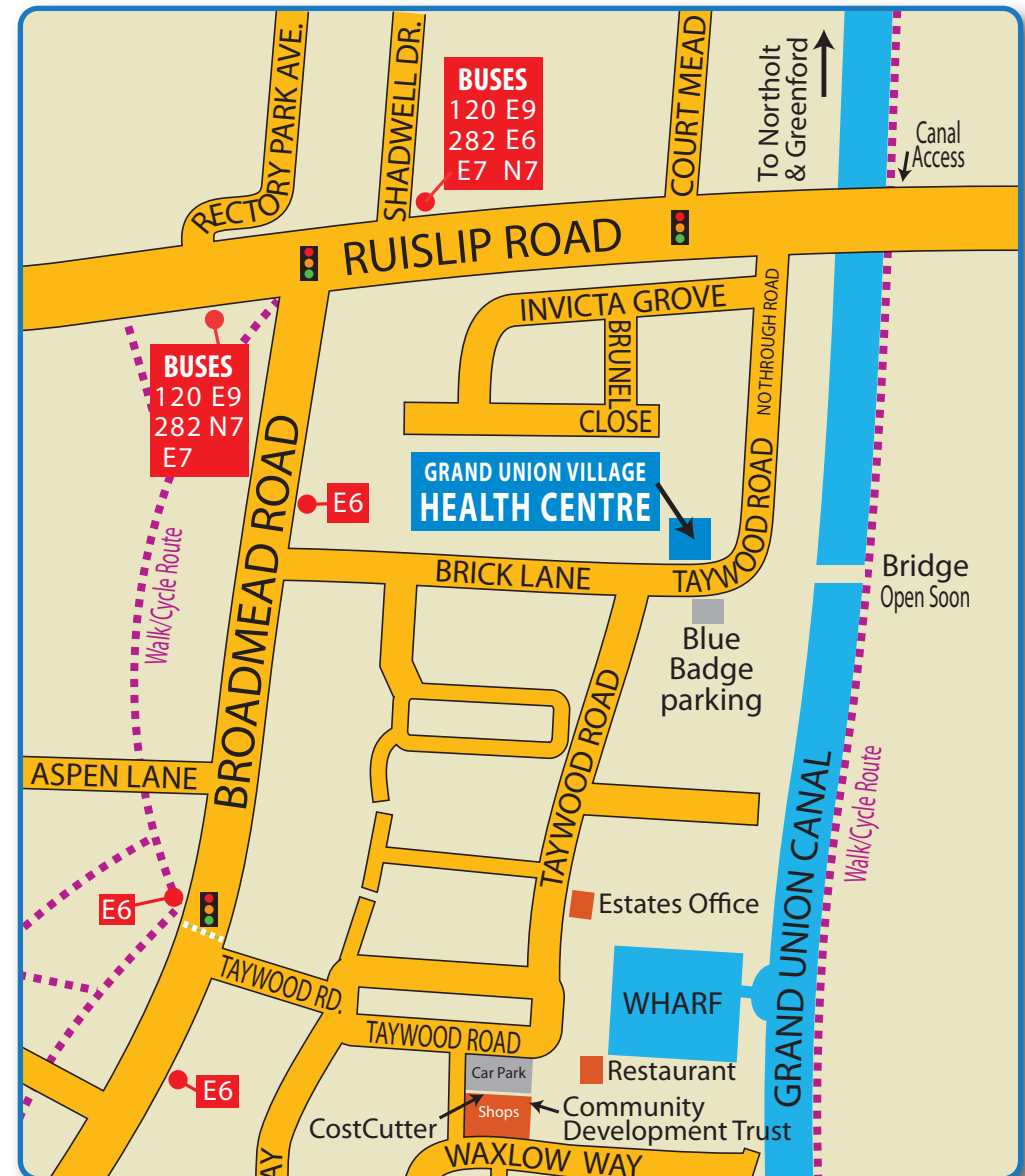
Tube and Rail

There are 3 local stations within 2-3 miles of Grand Union Village, all of which can be easily reached by regular bus services.

- **Greenford** Station is on the Central Line in Zone 4. Catch the E6 (towards Bull's Bridge) from outside the station. The journey takes about 14 minutes off-peak. Also, Greenford is served by First Great Western trains which run every half an hour from London Paddington.
- **Northolt** Tube station is on the Central Line in Zone 5. From here, catch the 120 (towards Hounslow) or 282 (towards Ealing Hospital) from outside the station. It takes about 10 minutes off-peak.
- **Southall** station is served by trains from London Paddington and Reading. Catch the number 120 bus (towards Northolt) from outside the station. It takes about 14 minutes off-peak.

Door to door transport

Ealing PlusBus is available to registered members who are over 60 or have difficulty using public transport. For more information call 020 8813 3210 or visit www.ectgroup.org.uk/services/ealing_plusbus TfL's Dial-a-Ride services cannot be used to access medical appointments.



Parking

Due to the very limited amount of parking available, we strongly suggest you travel by public transport, taxi, walk or cycle to the centre. A residential parking scheme is in operation on Grand Union Village so most parking spaces are reserved for residents. There are 3 Blue Badge spaces opposite the patient entrance (see map). Please do not use the Blue Badge spaces for dropping off and picking up.

There is a car park outside the CostCutter store on Taywood Road – see map.

Healthy Travel Options

Walking

For many people, the Centre is just a short walk away. Walking uses 3 times as many calories as driving so it's the healthier option.



Car Parking

Very limited parking is available including designated disabled parking close to the patient entrance.



Cycling

If you can ride a bike, it's even quicker. The Centre has cycle parking outside the front entrance and for staff there are showering and locker facilities.

Getting Around using the web

Visit the Grand Union Village Community Development Trust website for more travel information: www.guvcommunity.org.uk/gettingaround.html

What's at the centre

- **Community Services**
0203 313 7500
- Child Health Clinics
- Leg Ulcer Clinic
- Mental Health & Wellbeing
- Midwifery (Antenatal)
- Nutrition and Dietetics
- Paediatric Physiotherapy
- Paediatric Occupational Therapy
- Phlebotomy (Blood Tests)
- Podiatry (Foot care)
- Sexual & Reproductive Health (Family Planning)
- Specialist Community Dental (Special Needs)
- Speech & Language – Early years
- **General Practice**
Allenby Clinic 0203 313 7630
Broadmead Surgery 0203 313 7570
GoodCare Practice 0203 313 7600
- Pharmacy



Grand Union Village Health Centre

Taywood Road, Northolt UB5 6WL

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Healthy Ways to Grand Union Village Health Centre



Walking, cycling
and public transport
information

